



Natural Sprout Company, LLC

3524 S. Culpepper Circle, Suite C
Springfield, MO 65804
phone 417 882-9604
fax 417 882-0818

Technical Specifications

Fenugreek Sprouts

Growing and harvesting conditions:

- Organically Grown
- Hydroponically Grown
- Environmentally Controlled Facilities
- Nutrient Rich
- Natural, not Genetically Altered
- A Natural “Whole Food”
- All Natural “Live Superfood”
- Low-Temperature Air-Dried
- Enzyme Active
- Certificate of Analysis with All Orders

Potential Benefits:

- Rich in protein
- Currently under study for reduction of cholesterol and blood sugar
- Antioxidant properties
- Immune enhancing and detoxifying characteristics
- Enzyme active whole food
- Often used to improve digestion

Live Nutritional Profile

Minerals

Calcium
Iron
Magnesium
Phosphorus
Potassium
Sodium
Zinc
Copper
Manganese
Selenium

Vitamins

Vitamin C
Thiamin
Riboflavin
Niacin
Vitamin B-6
Folate
Folic Acid
Folic Food
Folate DFE
Vitamin B-12
Vitamin A, IU
Vitamin A, RAE
Retinol

Amino Acids

Tryptophan
Threonine
Isoleucine
Leucine
Lysine
Methionine
Cystine
Phenylalanine
Tyrosine
Arginine
Histidine
Alanine
Aspartic acid
Glutamic acid
Glycine Proline
Serine